

# Spencer Gates

## Objective

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To complete a Bachelors of Arts in Business Administration: Finance and Management from the U.W. Bothell

## Experience

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August 20<sup>th</sup>, 2004 – Mieko's Fitness Edmonds, W.A.  
October 5<sup>th</sup>, 2006

### Personal Trainer/Fitness Manager

- Create and implement exercise and nutrition programs for clientele
- Sell training programs
- Manage training staff, run sales training and complete payroll

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April 1<sup>st</sup>, 2007 - current L.A. Fitness Ballard, W.A.

### Personal Trainer

- Create and implement exercise and nutrition programs for clientele
- Sell training programs
- Assist management with operations in the club

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September 2007 - current Reality Fitness Seattle, W.A.

### Owner, Personal Trainer/Consultant

- Create and implement exercise and nutrition programs for clientele
- Market services through networking, a personally built business website and local conventions
- Consult with and create personal training systems for small gyms with no in-house personal training programs
- Recruit and manage personal trainers to be contracted out to small gyms
- Maintain relationships with small gyms and continuously evaluate newly implemented systems

## Education

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June 2005 – December 2009 Edmonds Community College Edmonds, W.A.

### Associates of Arts in Business Administration

- Dean's Honor Roll Spring Quarter 2009

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January 2010 – current University of Washington - Bothell Bothell, W.A.

### Bachelors of Arts in Business Administration: Finance and Management (in progress)

- Dean's List Winter; Spring Quarter 2010
- Marketing Officer for the U.W. Bothell Financial Management Association - Winter 2011
- Presented at the 2010 University of Washington Undergraduate Research Symposium
- Writing Assistant for the Business School during Spring Quarter 2010 and Fall Quarter 2010